Year 3

Autumn 2

Spoken Language:
Children will engage in spoken language lessons when debating why some food are heathy and others aren't to prepare for their writing.

Writing:
Children will write a non-chronological report about how to keep our bodies healthy and will also be writing a persuasive letter to encourage healthy eating.

Engage:
Children will create their own comic strip that tells the story of their fruit/vegetable superhero who saves some children by encouraging them to make healthier choices with their food, defeating an evil junk food character. Children will also taste test some of fruits and vegetables.

Key Question: What makes some foods super?

Maths:
Children will learn about the different properties of shape and measure the area and Perimeter of shapes.

Computing:
Children will understand a digital device uses inputs, processes, and outputs.

PE:
Children will complete fitness activities and then dance unit focusing on rhythm and movement.

Spanish:
The children we learn how to name different animals and use the correct determiners.

Healthy Eating



Science:

Children will learn about the different food groups and how these are important to ensure we have a balanced diet. Also looking at the different types of teeth and bones that make up the human skeleton.

DT:
The children will learn the skills to make a pizza choosing healthy toppings

Music:
Children will learn to play glockenspiels and discover the different notes, sounds and rhythms used to create their own tune.

Reading:
Children will be reading the text 'Charlie and the Chocolate Factory' by Roald Dahl.

Prove it:
Parents will be invited into our Italian Restaurants to enjoy our healthy pizzas!
Scotland: Tuesday 8th December 2:30pm
Wales: Wednesday 9th December 2:30pm
England: Friday 11th December 2:30pm

PSHE:
Children will learn about how people are different and how these differences are celebrated.

RE:
Children will explore the concept of images focusing on angels.

Things to explore with your child!

PE Days:
Wales: Wednesday and Thursday
Scotland: Monday and Wednesday
England: Monday and Wednesday

Home Learning:

Home learning will be set on a Monday to be completed by the following week.
This half-term there will be a home learning project to complete which will be due on Monday 14th December 2026.

Reading:

We encourage children to read for at least 10 minutes every day.

Read a range of books with your child, talking to them about the type of book they are reading.

Try exploring some non-fiction books to extend their learning on Healthy Eating and Lifestyle.

Writing:

Research the different benefits of being healthy. Could you persuade a family member to make healthier choices?

Research the importance of a balanced diet. Why is it important?

Maths:

It is really important that your child practises their times tables to support with their fluency.

Ensure that children are using taught strategies when completing their home learning.

Continue to revise arithmetic skills to improve speed and fluency.

Science:

What does 'being healthy' mean?

What do you know about the different types of teeth?

What do you do at home to keep healthy?

Useful websites and resources:

https://www.bbc.co.uk/bitesize/articles/zgq8nk7#zdhxrmn

https://www.foodafactoflife.org.uk/healthy-eating/

Home Learning Project Ideas

Life as we know it

Become a food detective. Investigate food packaging and compare your findings.

Create a healthy eating diary. Record your healthy eating for a week.

Create an informative poster for tips of eating a balanced diet.

Investigate how foods grow and where they come from before they are available to buy in shops.

Create a healthy recipe. Write down the ingredients and the benefits on our bodies.

Create a comic strip showing how food provides energy and nutrients to the body.

Investigate how different foods and drink affect our teeth.

Create your own skeleton structure and annotate with the bones and why they are important.

Please complete at least one activity. Projects are due on 14th December 2026.