

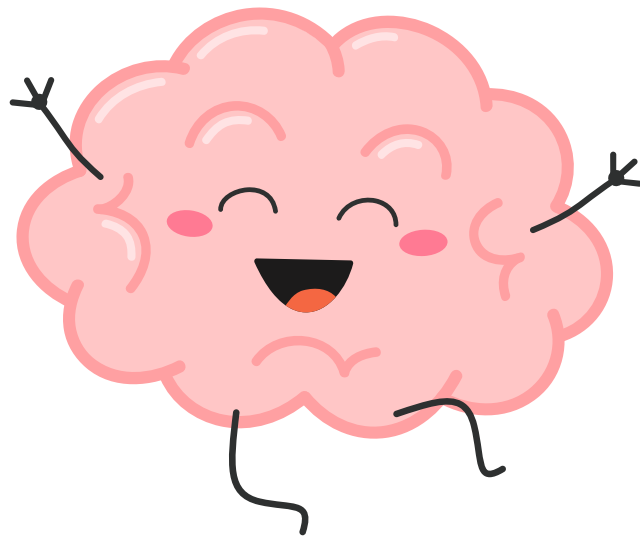
My Brain

Understanding how my brain works



My Brain is Amazing!

Every brain works in its own special way. This booklet is all about how *my* brain works and what makes me shine.



How My Brain Helps Me



- I am really good at:



- My brain helps me learn about:



- I am proud of:

How My Brain Feels



- My brain feels happy when:



- My brain feels calm when:



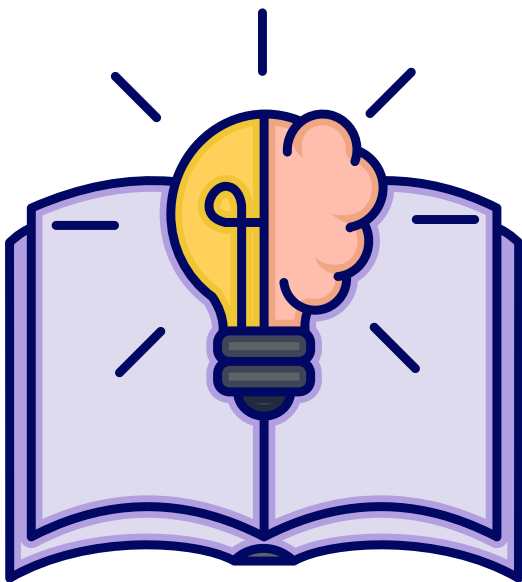
- My brain feels worried when:

How My Brain Works Best

- I learn best when:

- Things that help me are:

- Things that make learning tricky are:



My Brain Needs...



- At school I might need:
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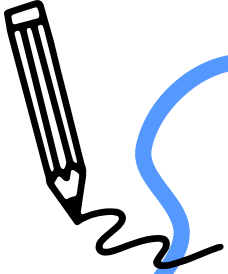


- At home I might need:
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- My favourite way to take a break is:
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Something Special About My Brain



One thing that makes my brain
amazing is: _____

