

# S.A.F.E

(SUPPORT. AWARENESS. FAMILY. EMPOWERMENT)

## Event

F E B R U A R Y

16

09:00 - 17:00

Priory School

PO4 0DL

## WHAT IS A 'S.A.F.E' EVENT?

S.A.F.E IS PORTSMOUTH'S FIRST COMMUNITY EVENT, RUN BY ALL PARTS OF THE MENTAL HEALTH SERVICES IN THE CITY ALONGSIDE THEIR COMMUNITY PARTNERS.

OUR AIM FOR THE EVENT IS TO MAKE OUR SERVICES MORE ACCESSIBLE TO YOUNG PEOPLE AND THEIR FAMILIES, AND INFORMATION MORE AVAILABLE TO THOSE SUPPORTING THEM.

THERE WILL BE A PROGRAMME OF WORKSHOPS AND PRESENTATIONS ON THROUGHOUT THE DAY.

IF YOU ARE A PARENT OR CARER LOOKING FOR INFORMATION THEN THIS EVENT IS FOR YOU!

## WHAT'S ON?

TALKS AND WORKSHOPS THAT YOU CAN ATTEND:

- NEURODIVERSITY AND PARENTING STRATEGIES
- SCHOOL AVOIDANCE AND ATTENDANCE CHALLENGES
- LOW MOOD AND ANXIETY
- EATING DIFFICULTIES
- MANAGING RISK
- PARENTING WORKSHOP

POP-UP BOOTHS FROM COMMUNITY PARTNERS AND SERVICES WILL BE AVAILABLE THROUGHOUT THE DAY



Scan Here for  
**FREE Tickets!**